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## (54) FOOD FOR CURING POLLINOSIS

### (57)Abstract:

PROBLEM TO BE SOLVED: To provide a safe food or drink effective for the treatment or prevention of pollinosis and free from side action.

SOLUTION: The composition effective for the treatment of pollinosis is a combination of a food with a nutrient element for food and a food component. Concretely, the composition is composed of fructose a fructose-containing sweetener, vitamin A, vitamin B1, vitamin B2, vitamin B6, vitamin B12, vitamin C, vitamin D, vitamin E, niacin, calcium pantothenate, folic acid, L-isoleucine, sodium L-glutamate, L-threonine, royal jelly and caffeine.

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